

REACH
OUTSTANDING
GROWING THE LEADERS OF TODAY

Reach Outstanding Business & Leadership Coaching Program Calendar

Business & Leadership Coaching Program

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Description: Leaders, managers, students, doctors to teachers work with a coach to grow their skills, enhance existing skills and to set and achieve goals. Working with a coach can support the growth of a person or team. This program prepares you to become an effective and ICF-accredited coach to impact the lives of others and help them achieve their goals.



Audience:
Individuals
interested in
becoming an
accredited
coach



Group size:
Max 25
people



Dates:
3rd April 2021

Course details:

- 30 weeks of classes and retreats preparing you to become an ICF-accredited coach through the ACSTH path
- 70 hours live and online plus 10 asynchronous hours
- Once a month, a half day retreat made of 4 hours of coaching, exercises and interactions.
- Submission and Review of 6 calls
- Guest speakers will be attending throughout the program
- Full class participation is encouraged to get the best from the program
- Mentoring structure and dates are available separately
- Holidays & Breaks will be factored in



Classroom



Retreat



Recording









Classroom

DUBAI Gulf Standard time
 Wednesdays 8pm-9pm
 Saturdays 5pm-6pm

Retreats

DUBAI Gulf Standard time
 One Saturday a month
 5pm-9pm

Check your own time zone for times. Calendar invites will be shared for each session

<p>Week 1</p>	<p>Coaching Introduction </p>	
<p>Week 2</p>	<p>How coachable is your client? </p>	<p>Coaching Agenda </p>
<p>Week 3</p>	<p>Powerful Questions </p>	<p>Role Play </p>
<p>Week 4</p>	<p>Bad Coaching </p>	<p>Coaching log & Recordings </p>
<p>Week 5</p>	<p>Submitted this week </p>	<p>Intro to NLP  NLP </p>



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<p>Week 6</p>	<p>Coaching to remove a limiting belief </p>	<p>Coaching effective presentations </p>
<p>Week 7</p>	<p>Practice: setting up the agenda </p>	<p>Coaching plan </p>
<p>Week 8</p>	<p>First session </p>	<p>Assessments & Discovery session </p>
<p>Week 9</p>	<p>Submitted this week </p>	<p>Time Management  Managing Up </p>
<p>Week 10</p>	<p>Coaching tools </p>	<p>Shifting the conversation </p>



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Week 11

Practice: discovery session



Conflict resolution



Week 12

Practice: setting up the agenda



Coaching plan



Week 13

Submitted this week



Team Management



Starting to coach & removing blockers +
Guest Speaker



Week 14

Personal Branding



Rebranding
 Extra hour



Week 15

Distance Coaching



Career Coaching





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<p>Week 16</p>	<p>Submitted this week</p>		<p>Coaching Contract</p>		<p>Coaching for a new job</p>		
<p>Week 17</p>	<p>Building your brand</p>			<p>Creating your vision and mission</p>			
<p>Week 18</p>	<p>Creating your vision and mission</p>			<p>Non 1-1 coaching</p>			
<p>Week 19</p>	<p>Code of Ethics</p>			<p>Building your practice Extra hour</p>			
<p>Week 20</p>	<p>ICF competencies part 1</p>			<p>Branding and building your practice</p>			



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Week 21

Submitted
 this week



ICF competencies
 part 2



ICF
 competencies
 part 3



Week 22

ICF competencies
 part 4



Team coaching



Week 23

Company
 appraisals



Student Practice
 2 Hours



Week 24

Student Practice
 Hour



Getting ready for
 mentoring and
 CKA



Week 25

GROW & SEMPER
 ® coaching models



Practice vs
 company





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Week 26

Business Assessment models 

Coaching new businesses 

Week 27

Pitching to corporates 

Your Coaching Roadmap 

Week 28

Submitted this week 

Course Wrap Up 

Next steps as a certified coach 

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For questions or queries, contact
Philippe

philippe@reachoutstanding.com

+971 55 712 6586